



Dear LWRG Competitive Athlete Families,

We would like to update everyone regarding new policies that will be implemented as we move closer to being approved to reopen. Upon being allowed to reopen we have chosen to take a very conservative approach and structure our plans based on safety and health for our athletes and staff. We will continue to follow public health recommendations and hope our LWRG families do the same.

We want to make sure everyone knows, that if any family feels uncomfortable returning, it is totally acceptable. Once contacted about resumption of training, simply communicate that with your coach directly.

The attached document lays out the tentative policies that will be in place upon reopening. They are subject to change as we move forward in this environment. As we get more direction from the Florida Department of Health, necessary changes in the policies will be sent to you by your child's coach.

Here is the basic plan for the initial phase with competitive athletes only: (We expect the initial phase to run 2 weeks at a minimum)

- All competitive athletes families will have to re-sign the team registration form and waiver. This new form allows us to take your child's temperature and agrees to other items related to COVID. These are minor changes but please read before signing anyway.
- Practice times will be limited to 60-120 minute slots initially. This is based on the advice of epidemiologists to help prevent contact spreading.
- Team coaches will be allotted blocks of time with a set number of slots.
- The coaches will not be able to adjust their allotment. To remain in compliance with policies and restrictions, competitive athletes coaches won't be able to modify their slots.
- We will utilize time slots during various times during the days, evenings and weekends.
- The number of slots you will be assigned per week will be determined solely by your coach and based on age and level.
- Athletes will be assigned to practice slots with the same athletes and coach each day. This will limit the circle of people everyone is around.
- Athletes must have their own water bottles (water fountains have been turned off) as well as their own chalk, spray bottle and hand sanitizer.

Thank you for your support and understanding as we work through this ever evolving time. We will be relying heavily on guidance from FDH and CDC and will do our very best to make good decisions for our students and staff based on their recommendations. As new information comes forward, we will continue to update you as needed.

Laura & David Parraga